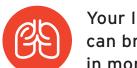


When you quit tobacco:



Your lungs can breathe in more air



Your blood can flow better



You save more money

You can get free help to guit smoking, vaping or other tobacco.

Call the Oregon Tobacco Quit Line today to get **FREE** help: 1-800-QUIT-NOW (1-800-784-8669)



If you are deaf or hard of hearing, you can call 1-877-777-6534 or use a relay service to connect with 1-800-QUIT-NOW

