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# LET'S BE THE GENERATION THAT ENDS BIG TOBACCO.

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Talking about quitting actually improves the chances of quitting tobacco.  
Talk to your doctor about cessation benefits.

<b>QUIT LINE</b>	1-800-QUIT-NOW (1-800-784-8669)
1-855-DEJELO-YA (1-855-335356-92)	<a href="http://quitnow.net/oregon">quitnow.net/oregon</a>

**SMOKEFREE**  
oregon