

Training Session for Student Leaders and Staff

Make sure your staff and student leaders know the resources available on and off campus for tobacco cessation services, as well as the college's policy concerning tobacco use on campus.

The American Lung Association in Oregon, county health department tobacco prevention staff, and colleges that have already gone tobacco-free can be a resource in developing a training session for student leaders and staff. Clark College in Vancouver, WA (tobacco-free since 2006) has been an amazing resource offering to provide information and training to Oregon colleges.

Potential topics for trainings colleges may offer to staff and students include an overview of the health risks associated with tobacco use and secondhand smoke, cessation resources, effective ways to support people who are trying to quit tobacco, and how to approach students, staff, and others who are observed smoking in noncompliance with college policy.

Example: Portland Community Colleges general presentation

<http://www.pcc.edu/about/policy/tobacco/documents/general-presentation.pdf>